



Kerry Chutter has been an Associate in the counselling practice of Stefanakis, Trimble & Associates since 2012. She holds a Masters of Counselling Psychology from City University of Seattle's Vancouver division.

Kerry has been an in-clinic counselor for CBI Health Centre since 2015, and worked with youth and families at BC Children's Hospital since 2010. She has a background in holistic healthcare and has had the privilege of being mentored for over 10 years by leading therapists in emotion-focused attachment therapy (AEDP), the mind body connection and compassion-based treatment models.

Some of the concerns Kerry addresses include grief and loss, trauma, depression, anxiety, illness, substance misuse, and anger management as well as supporting clients in navigating life transitions and accelerating their personal growth. Kerry brings openness, compassion, and mindfulness to the therapy room creating a safe environment for change.